

You can do it!

Philippian 4:13 – “I can do all things through him who strengthens me,” (ESV) are the words written by Apostle Paul as he acknowledges his physical limitations and the omniscient ability of his heavenly father. Paul knew his limits, but understood God is limitless. As the circumstance of Paul’s life changed, God remained the same. Following the directives of God were difficult, but God strengthened Paul to be content in them all. Regardless of how weak Paul may have been, God was strong.

This text highlights our physical weakness, strengthen through the power of Jesus. It acknowledges our weakness upheld by the strength of God. Paul reminds us of the unwavering ability of God to step into every situation with the ability to accomplish what we cannot. It is in our weakness that His strength is made perfect (1 Cor. 12:9a).

You may have never sacrificed for the Lord to the extent of fasting before. Maybe fasting is perceived to be for the “Super-Christian” or you have never felt drawn to fast. Some may even view it as unnecessary. Maybe there is a lack of understanding leading to fear. Don’t underestimate the opportunity that God has presented to you that simply says, “You can do it!”

TLMBC Mid-Week Devotional for 1.30.19 Periscope Broadcast can be found here:

https://www.pscp.tv/w/byGOADFNV0V3YUxOcXZ2S2J8MXIOR2FPV1QbnJ4avRKPhf36AKPE-E0DV9i_D017OzllxRfCQj2I1s5X4oE

